

Get Your Clean On Momma

MONDAY {Master & Kids Bedroom}

wash sheets (1st and 3rd)

vacuum

put away clothes

take out recycling

wash kids clothes, blankets, towels

TUESDAY {Kitchen}

clean sink & counters

clean stove top

wipe front of fridge and oven

clean microwave

throw out food in fridge

wash kitchen towels

WEDNESDAY {bathrooms}

clean toilets

wipe counters, sink, mirrors

wipe down tubs/showers

empty trash

take out all trash

wash bath & hand towels

THURSDAY {living room}

dust

vacuum & mop hardwoods

clean front door

wash whites

FRIDAY {basement & office}

dust

vacuum basement and stairs

clean counters

wash darks

SUNDAY {random}

prepare meal list for week

grocery shop

vacuum & mop hardwoods

1st MONDAY OF MONTH

straighten closets

1st TUESDAY OF MONTH

clean inside of fridge/freezer

clean out & organize pantry

clean cycle dishwasher

clean cycle oven

1st WEDNESDAY OF MONTH

wash bath mats

clean out drawers/cabinets

1st THURSDAY OF MONTH

wash throw blankets

dust ceiling fan/lights